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## TREND REQUEST

FALL 2018



### Written and Compiled by BISOUS FASHION

Every season has its standards. For example: Spring florals, Summer whites, Fall colors, and Winter layers. This season, we saw designers mixing seasons all over the place from color blocking to holiday sparkle topped off with a beanie face mask.

If you can keep up, brave you have made it into fashionista territory.









## Animal Instinct

Animal prints were all the rage this Season. From overcoats, jackets to accessories. You couldn't really break free from it. So embrace your inner instinct and strut on down the proverbial cat walk.



















### Breakfast Club

The 80's revival seems a bit of hit and miss. With oversized shoulders and bright bombastic colors it's almost like a costume project. Let's face it kids, it wasn't pretty in 1984 and the only good thing that came out of it were John Hughes movies. Let the 80s remain the 80s.



















## GREAT HEAD

Head gear was a prominent fixture on almost every runway. Hats, beanies, scarves, bands, crowns, you name it it was represented somewhere. So, what's your head case? Winter is upon us, so don't be afraid to fashionably wrap it up.

















## Scarf Out

A plethora of silks and scarf patterns lofted down the catwalk from New York to Milan. Patchwork dresses, jackets and even pants were worked into the scenario. And yes, you can still wear one around your neck, purse or head. All good.

















## SPARKLE MOTION

My goodness designers really embraced the glitter of fashion this FALL. Really what is all comes down to is you can spic up your wardrobe choices by mixing some glam into it. Whatever your inclination may be.



















## West World

Yep partners is still around. Fringe, Cowboy boots, the Bolo tie, and prairie like dresses will be around for a little bit longer. I'm thinking you might as well saddle up and ride the trend.











# Editors

Some may say that we're dreamers, others may say that we're bitter. It's a difficult balancing act these days whether you're an activist, a statement maker or a just a plain business owner or worker. The climate of our world as we know it is changing. People are angry, apathetic and self-centered. Social media has spun out of control. Children are posting self portraits of themselves on the internet. What are we going to do about it? We have a world of hatred circling around us on a daily basis. Politics have taken a turn for the worst. Women are once again fighting for equal rights and comfortable work environments. Men are being persecuted for being what some would say "just men." It's as if heightened awareness has sent us all off of the ricter scale.

When we embarked on BISOUS over 5 years ago fashion was different. The platforms for popularity have sinced changed and even distincitve designers are changing their style to stay relevant. Everyone has become so hell-bent on fanning the fires of social acceptance and have placed so much importance on people who really do not care about anything that they have forgotten who they set out to make clothes for in the first place. Fashion is dying and no one cares. It's become a shock all circus act.

BISOUS has been a passion project for all of those involved for over 5 years. It is now with heavy heart that we have chosen to place BISOUS on the marketplace for purchase. We collectively think that we just need to focus on a more organic audience and welcomed artistic relevance instead of placating to a derived presence of celebrity-based awareness and social media driven acceptance. We believe that the publication itself is worthy to continue its place and voice under the right tutelage and we hope it does just that. We have had a supportive following and have made a ton of friends and collegues along the way who have shown continued interest in the publicaction and it's delivery.

We thank each and every one of our contributors for providing us the platform to share our thoughts and fashion interests and we thank you for loaning us yours. We hope you will seek us out on our new venture @eqluxe as your talent, aesthetic and perseverance will always be welcome.

Cheers!

Shelli & Chris

Bisous XXXX



Shelli Wright
Creative Director / Editor in Chief

Christopher Robin Bredesen Co-Founder / Executive Editor

# BISOUS MAGAZINE

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BALMAIN Isis Clear Studded Point toe Bootie \$2,350.00 www.nordstrom.com | DOLCE & GABBANA studded cat-eye sunglasses \$415 www.net-a-porter.com COACH fall 2018 | LAONCOME grandiose liner \$32 www.neimanmarcus.com MICHAEL KORS cropped studded crepe jacket \$350 www.nordstrom.com ALEXA CHUNG studded velvet track pants \$415 www.alexachung.com | PRADA studded leather trimmed backpack \$1550 www.prada.com RAG & BONE Edie studded leather-trimmed wool fedora \$275 | SAINT LAURENT studded suede waist belt \$695 www.ysl.com ALEXANDER MCQUEEN Studded s wrap midi skirt \$4,650 www.saksfifthavenue.com











































## **BISOUS BEAUTY**

## D.I.Y. Push Back Slick

## Step 1 Start With Damp Hair You would think you'd have to start with soaking wet hair for

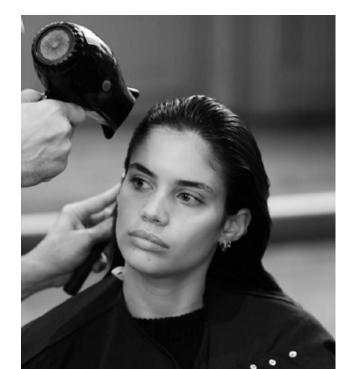
You would think you'd have to start with soaking wet hair for this style, but that's not actually the case. And once you hear the reason why, we promise it will all makes sense. In order to get the right look, you actually have to start with damp—not wet—hair. That's because if your hair is dripping wet, the hair gel you use in the following step won't stick, which means you won't be able to sculpt your hair into perfection.

## $Step\ 2$ Pick the Right hair Gel

Choose a non-sticky, high shine hair gel, a medium or strong hold hair gel will keep hair in place, even defying gravity, all day (or night) long.

## Step 3 Apply a Heaping Amount of Hair Gel to Your Roots

When it comes to the wet hair look, don't skimp out on applying some product. Yep, this is your permission to go to town with your hair gel! Take a generous helping of hair gel and work it through your locks, starting at your roots. Start with a dollop of hair gel, but feel free to add more as you go to really amp up "wet" look. Feel it out to see what you like the best, but keep this in mind: Essentially, the more gel you add, the wetter your hair will look.



## ELIE SAAB BACKSTAGE

## Step 4 Comb Or Brush Your Hair Back

Depending on the look you're going for, there are a variety of combs and hair brushes you can use to style your strands. For this look, consider opting for a fine tooth comb. Once you've applied a generous amount of hair gel, take the comb and work it through your hair from root to tip. You can also use a boar bristle brush for a sculpted look. The soft bristles on a boar bristle brush can help smooth back your hair and evenly distribute the hair gel without creating any bumps.

## $Step\ 5$ Spritz On a Glossing Spray

Now that the roots of your hair have a nice glossy finish, it's time to focus on the rest of your hair. Make the bottom of your locks blend with the top by using a glossing spray. Hold the bottle 6-8 inches away from your hair and spray it evenly throughout your lengths, avoiding the roots.

## Step 6 Keep Everything In Place With Hair Spray

As with any hairstyle (wet ones included), using a hair spray at the end of the process can help to hold everything together. Reach for a shine-enhancing hair spray, like the L'Oréal Paris Elnett Precious Oil Satin Hairspray, and spray it all over your mane. Whether you're out at dinner with that someone special or dancing your heart out at a club with your girlfriends, using a hair spray can help keep your style in place so you don't have to worry about too many touchups. You can also use hairspray to help keep baby hairs in check.





# Photography KENDRA BARBER Beauty Sadhvi Babu | Model Piper Badaracco















Mass media is a significant force in modern culture. Communities and individuals are bombarded constantly with messages from a multitude of sources. These messages promote not only products, but moods, attitudes, and a sense of what is and is not important. Mass media makes possible the concept of celebrity: without the ability of movies, magazines, and news media to reach across thousands of miles, people could not become famous. In fact, only political and business leaders, as well as the few notorious outlaws, were famous in the past. Only in recent times have actors, singers, and other social elites become celebrities or "stars."



makeup Czar Joshua Ventura | hair Laura chadwick | art direction Laura Chadwick | set Emily Jönes models Ella | Ji Won | Alex







(Filter Face)
Eyes: Marc Jacobs Beauty The Wild One Eye-Conic Eyeshadow Palette Cheeks: Fenty Beauty Match Stix Shimmer Stick in Chilli Mango Brows: MAC Fluidline in Blacktrack
Lips: Oh K! Gold Lip Mask
Collar by Ekaterina Kukhareva













## Prep/Upkeep



## **BISOUS BEAUTY**

We all know the importance of keeping it clean. Whether it's in competition or after a dirty day at the barn. As the season changes, our skin is met with different obstacles including weather, pollens, extra mud or for some of us aging. You can combat the elements, but what about your look? As the days get shorter, do you find yourself not taking the time to add that extra dash of glam to your makeup routine? We've rounded up the best to help you stay looking fresh and ready for anything.

MURAD Essential C Toner \$30 www.murad.com
Essential-C Toner by Murad is a patented formula
that restores balance and rejuvenates environmentally
stressed skin. Cornflower and licorice root extracts
tone and brighten skin for a healthy radiance while
natural moisture factors condition and help skin
retain healthy hydration levels. It's great, just spray
evenly over clean face, neck and chest.

KATE SOMERVILLE DermalQuench Liquid Lift advanced wrinkle treatment \$140 www.katesomerville.com

This is the bomb. Not only do I feel refreshed, but it's tingly sensation is magical. for someone who may not be a little filly, it really does diminish the appearance of worry lines. This powerful anti-aging booster combines hydraluronic acid and oxygen to combat the appearance of wrinkles, sagging skin, uneven skin tone and dryness.

AESOP Purifying facial exfoliant paste \$53 www.nordstrom.com

Fine riverbed quartz contained in a cream base sloughs away tired surface cells while lactic acid offers a mild chemical exfoliation to leave skin immediately cleansed, soft and polished

PHILOSOPHY Purity made simple one-step facial cleansing cloths \$15 www.philosophy.com
The oversized, ultrasoft cloths are designed to swipe away dirt, makeup and oil in one super-simple step, leaving skin feeling perfectly clean with no need to rinse. Keep purity made simple one-step facial cleansing cloths in your purse, gym bag or travel bag for pure, clean skin wherever you go.

LA PRAIRIE skin caviar luxe eye lift cream \$350 www.laprairie.com

A richly textured eye cream that targets the seven most prominent eye-area agers, offering a maximum amount of lift, firmness and hydration. Restorative algae extract inhibits the appearance of darkness under the eye, while the brand's exclusive Cellular Complex uses cutting-edge biotechnological ingredients to help revitalize and energize at the cellular level.

BIBIMBAP The Healing Salve \$24 www.bibimbapskin.com

This miracle salve is great if your heart loves the horses but your body hates the alfalfa. The Healing Salve is a topical alternative to cortisone creams, providing soothing and healing benefits for a variety of dermatological conditions including eczema, dermatitis, rashes, and hives.

philosophy

Lotion tonique

essentiel-c

purity

one-step facial cleansing cloths lingettes nettoyantes express

> 30 cloths/30 lingettes 7 x 7.3 in. (17.8 x 18.5 cm)



## **BISOUS BEAUTY**

DIOR Rouge blush \$44 www.nordstrom.com
The shades are buildable to suit any desired effect
from soft to bold, and are available in matte, satin and
shimmer finishes. High-intensity Rouge Blush touches
cheeks with sultry, long-lasting color, revealing an
irresistibly radiant, healthy glow.

## LAURA MERCIER Tinted Moisturizer SPF 20 \$45 www.lauramercier.com

A sheer-coverage multitasker for a healthy, no-makeup look and a natural dewy finish. My go to. Any day everyday! the coverage is just enough and it keeps your skin looking amazing.

TOM FORD Eyeshadow Quad \$88 www.tomford.com Where would I be without my Tom Ford. Seriously ladies, jump on board if you haven't already. designed with four complementary shades to achieve multiple looks, from a bold, smoky eye to a sexy slash of color and everything in between. With four different finishes from sheer sparkle to satin to shimmer to matte, each color can be worn alone or layered to create a look that's smoky, sexy or subtle.

NARS Highlighting cheek palette \$49 www.nars.com I do not leave home without it. It's my own little pick me up and make me feel happy and shiny palette. These opalescent cheek shades with supernatural sheens are presented in two palettes in a range of pink shimmers and golden bronzes that can be worn for a dry shimmering veil of second-skin color or wet for high-impact glow. They say it's a limited palette, so go and get one now.

## BENEFIT They're Real push up liner \$12 www.sephora.com

An innovative, waterproof, lash-hugging gel eyeliner pen. This matte gel formula won't smudge, budge or dry out, and the innovative soft AccuFlex Tip hugs your lashline from corner to corner. The closer the line, the bigger the eye.

### URBAN DECAY Vice Lipstick \$18

www.urbandecay.com

With so many affordable lip colors to choose from, you do not have to be stuck wearing the same shade day into night. Vice Lipstick comes in a massive lineup of addictive shades and six indulgent finishes—Urban Decay's biggest lineup yet. Vice has it all, from bold brights to dark, sexy shades to super-versatile neutrals. The creamy antioxidant formula will not only nourish your lips but will hydrate and soften them as well.

## CHANEL Le Vernis Longwear Nail Colour \$28 www.chanel.com

This polish stays on. Enriched with bioceramics and ceramides, it provides deep care to strengthen and improve the quality of nails over time. Along with protective benefits, the formula features carefully selected pigments for an even application and a dramatic, lacquered look.

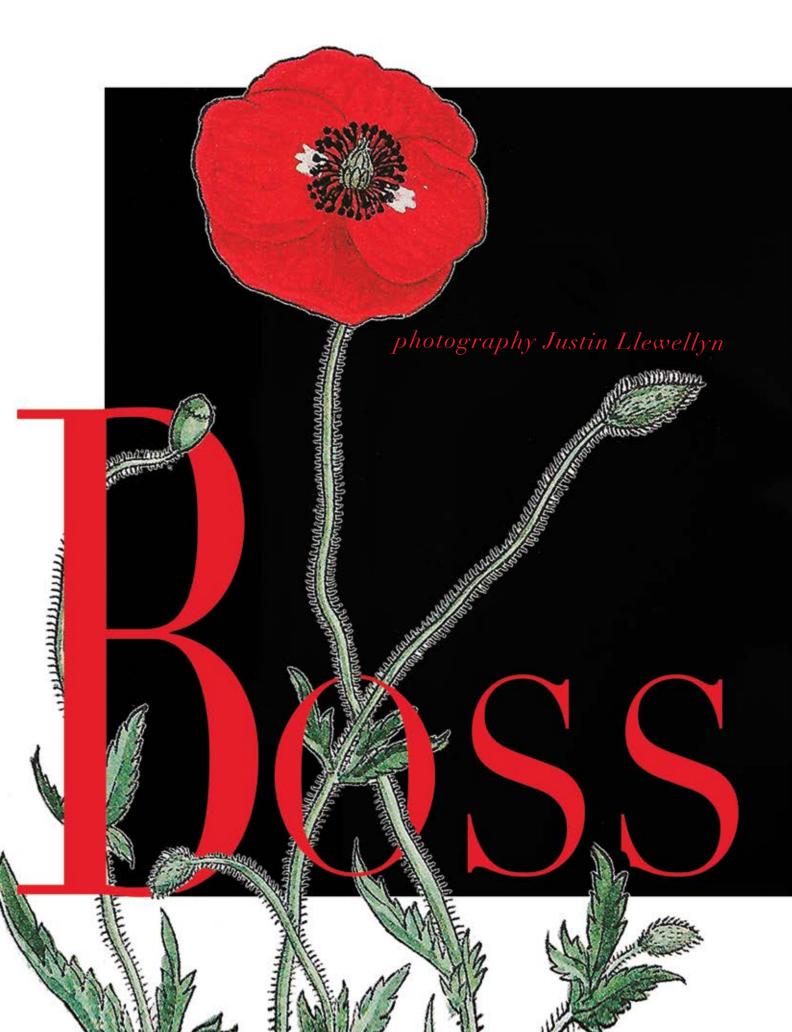
LE VERNIS

CHANEL

## Making UP





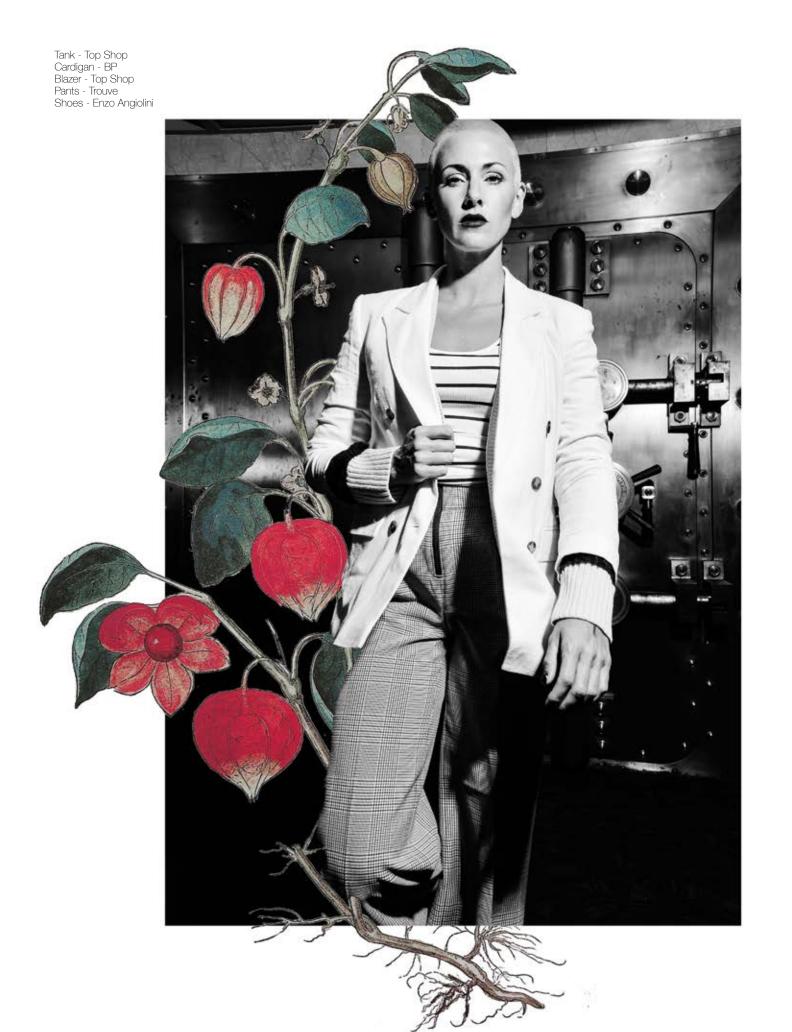




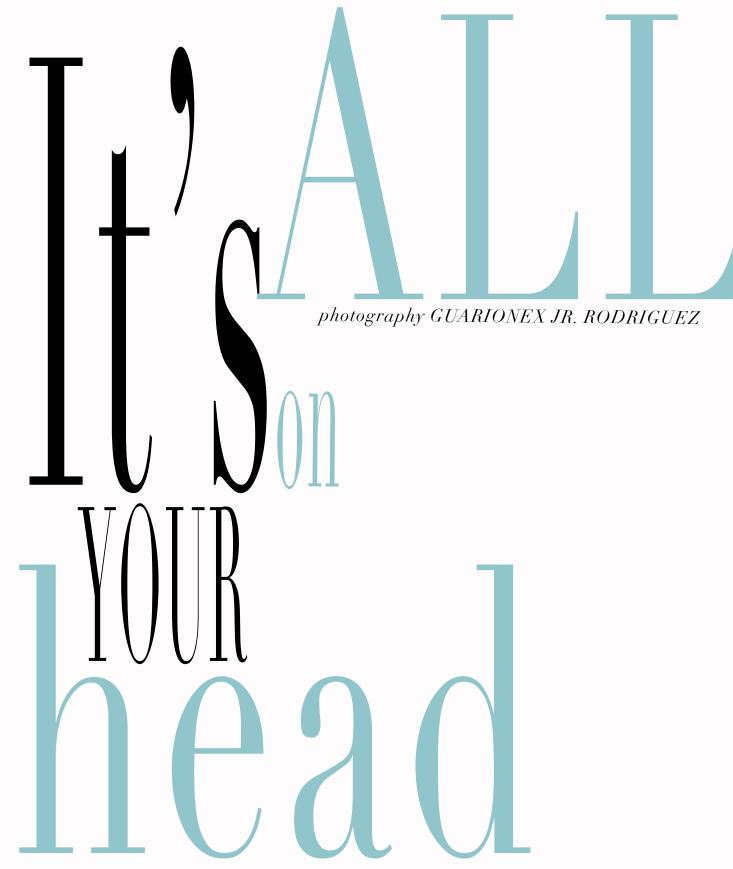
beauty Jodi Vaughn | styling Heather Gathuru assist Josh Cunningham | model Katie Greiner











styling MIA FLANAGAN featured designer STUDIO PROMI model MIKAELA OLDENBURG





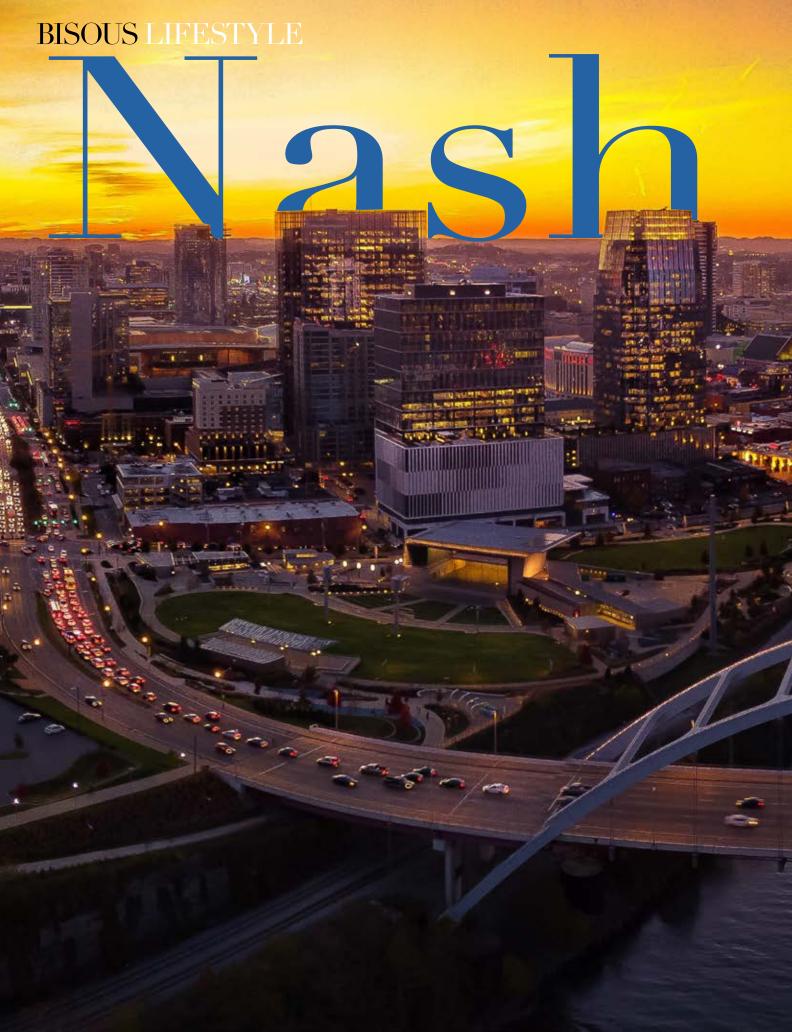












# Written by Maddy Pasqualini Warning: if you're looking for a Fodor's guide to Nashville, this isn't it. I'm not here to tell you to visit the Grand Ole Opry or take a tractor on a bar crawl (real thing), I'm going to tell you the best ways to indulge in, and enjoy this amazing city without stumbling out of a bar onto Broadway.



#### Where to EAT

If there's one thing Nashville is known for aside from music, it's food, and I made sure to indulge in all of it (for work purposes, of course). If there's one spot you must visit it's Husk, but I listed a couple more in case you find yourself with some extra time, and extra room in your belly.

#### HUSK

Located in Rutledge Hill – just a few blocks south of Historic Broadway, in the heart of Downtown Nashville - Husk, from The Neighborhood Dining Group, is reinterpreting the bounty of the surrounding area, exploring an ingredient-driven cuisine that begins in the rediscovery of heirloom products and redefines what it means to cook and eat in Nashville. At Husk, there are rules about what can go on the plate. "If it doesn't come from the South, it's not coming through the door." The resulting cuisine is not about rediscovering Southern cooking, but rather exploring the reality of Southern food. Seed-saving, heirloom husbandry, in-house pickling and charcuterie programs by the culinary team are the basis of Husk's cuisine.

Diners at Husk view an open, collaborative kitchen, where

chefs freely interact with their guests, and personally deliver food to tables. They grow much of their own produce on the restaurant's garden, and concentrate on heirloom grains and vegetables that once flourished in the region, but were lost to 20th-century industrial agriculture. Then they take what is fresh and available today, or even this hour, and transform it into an evolving menu. Seasonal bounty comes in waves, however, and what they can't use immediately is preserved, pickled, smoked, and saved. The

menu flourishes with Lowcountry ingredients, like Local Benne Seed, or Sesame, which flavors a Benne and Honey Lacquered Duck with Pickled Blueberries and Chanterelles and Crispy Pork Collar gets paired with Cornbread Purée and Greasy Beans. Other innovative examples include Sassafras Glazed Pork Ribs with Pickled Peaches and Rev Taylor Butter Beans; House Cured Country Ham Tasting with Acorn Griddle Cakes; and Rabbit-Pimento Loaf with Husk Mustard, Pickles and Rice Bread. My personal favorite was the incredible chicken wings that had just the right

amount of kick.



VISIT HUSK 37 Rutledge St. Nashville, TN (615) 256-6565 www.husknashville.com



Sit down and stuff your face with this truly traditional Southern meal. Served family style, be prepared to eat meatloaf, fried chicken, mac & cheese, biscuits, pie, and so much more.

#### VISIT MONELL'S

1235 6th Ave. North Nashville, TN (615) 248-4747 www.monellstn.com

#### The Soda Parlor

Enjoy an insanely indulgent and delicious dessert while you play some of the best vintage arcade games (free of charge). I stayed at The Soda Parlor for probably 4 hours straight on a Saturday night, and had the best time.

#### VISIT THE SODA PARLOR

966 Woodland St. Nashville, TN www.thesodaparlor.com



#### Where to SHOP

Nashville has a surprising amount of wonderful places to shop; quaint neighborhoods lined with well curated independent boutiques. The neighborhoods that top the list are Green Hills, Hillsboro Village, 12 South, Germantown, and East Nashville. Each has it's own vibe from the high-end Green Hills to the hipster East Nashville. Listed below are my three personal favorite boutiques, but do yourself a favor and explore all these neighborhoods for the best shopping experience possible.





The Gift Horse 1006 Fatherland Street, Ste 301 Nashville, TN (615) 727-4404 www.gifthorsenashville.com

White's Mercantile 2908 12th Ave South Nashville, TN (615) 750-5379 www.whitesmercantile.com

Hatch Show Print 224 5th Avenue South Nashville, TN (615) 256-2805 www.hatchshowprint.com Adorable and tasteful local artist focused shop filled with unique gifts and home goods that can only be found in Nashville.

"A general store for the modern day tastemaker" featuring a beautifully curated collection of simply chic and luxurious brands.

The iconic letterpress is a must see. Buy an authentic (and genuinely chic) print to take home with you for a reasonable price.

#### What to DO

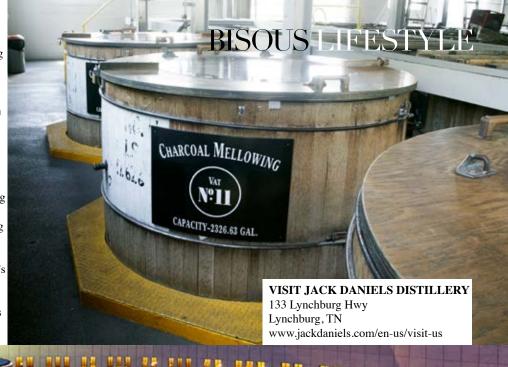
Aside from shopping, and stuffing your face, there are some other pretty great things to do in Nashville and it's surrounding areas. From the traditional to the not so traditional, there's something for everyone.

#### **Jack Daniel's Distillery**

Go take an incredible tour of where one the best whiskeys in the world is made. Established in the 1830s and registered by Jack Daniel in 1866, the Jack Daniel Distillery is the oldest registered distillery in the United States. Upon entering this beautiful lush property you'll feel like you've stepped back in time to the 1800s. Nestled in the rolling green hills of Lynchburg, TN, the distillery features a barrelhouse holding more than 20,000 barrels of whiskey, the rickyard where cords of hard sugar maple wood are burned to make the famous charcoal used to mellow the whiskey drop by drop, the underground cave spring — the source of the iron-free water that runs at a constant 56 degrees (my favorite



feature), the whiskey making process including the whiskey stills, the fermenting tanks and the charcoal-mellowing vats, Jack Daniel's first office, and The White Rabbit Saloon, a reconstruction of a saloon Mr. Jack operated in Lynchburg before the advent of Prohibition. Tours are offered daily from 9am to 4:30pm and typically last an hour and fifteen minutes. Jack Daniel's also offers several enhanced tours which include a sampling of the hometown product. I highly recommend taking one of the enhanced tours, for the full Jack Daniel's experience, not only was it fascinating and informative, but it was just plain fun. After the tour do yourself a favor and make a reservation to eat at Miss Mary Bobo's. Bobo's is a quick walk thru the adorable town of Lynchburg from the distillery. This Southern institution serves up insanely delicious classics that will top off your tour perfectly.





#### The Country Music Hall of Fame

A classic Nashville location, that's an undeniably good time. Listen to the classics, and check out some of the priceless memorabilia.

#### VISIT THE COUNTRY MUSIC HALL OF FAME

222 Fifth Avenue South Nashville, TN (615) 416-2001



#### Opryland

Do I understand what Opryland is, and what on earth the theme of it is? No. But is it one of the most entertaining and bizarre places to visit? Yes. There's a riverboat that runs through it, I don't know what else to say.

#### VISIT OPRYLAND

2800 Opryland Drive Nashville, TN www.opry.com/

















### CHECK PLEASE

Checks. Yes full blown check suits, long coats, waist coats, sport jackets, sweaters and pants. Oh and don't forget the hat. They're back.











# PINSTRIPE SUITS

A classic. You can never go wrong with a pinstripe suit. This season didn't disappoint as far as options go. Double breasted, single button, wide shoulder, skinny pant and the baggy. Get ready to look debonaire in all that you choose to wear.













# REALITY BITES

Designer throw backs were quite the rage this Autumn. Chunky shoes, oversized sweaters, trench coats and shop jackets paraded down the runway as if to say "No Troy Dyer, we will not surrender the fantasy."







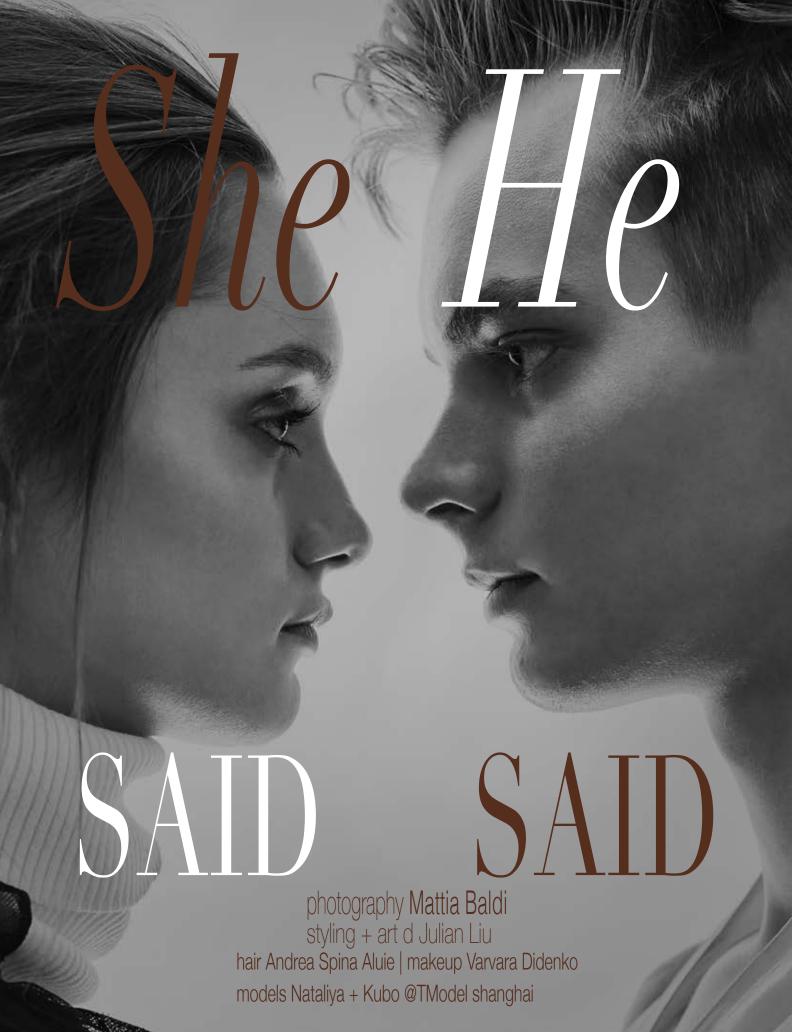




# SHEAR THING

Winter is upon us and with it came the shearling posse. Nothing says posh and cozy like a fluffy shearling coat or jacket.













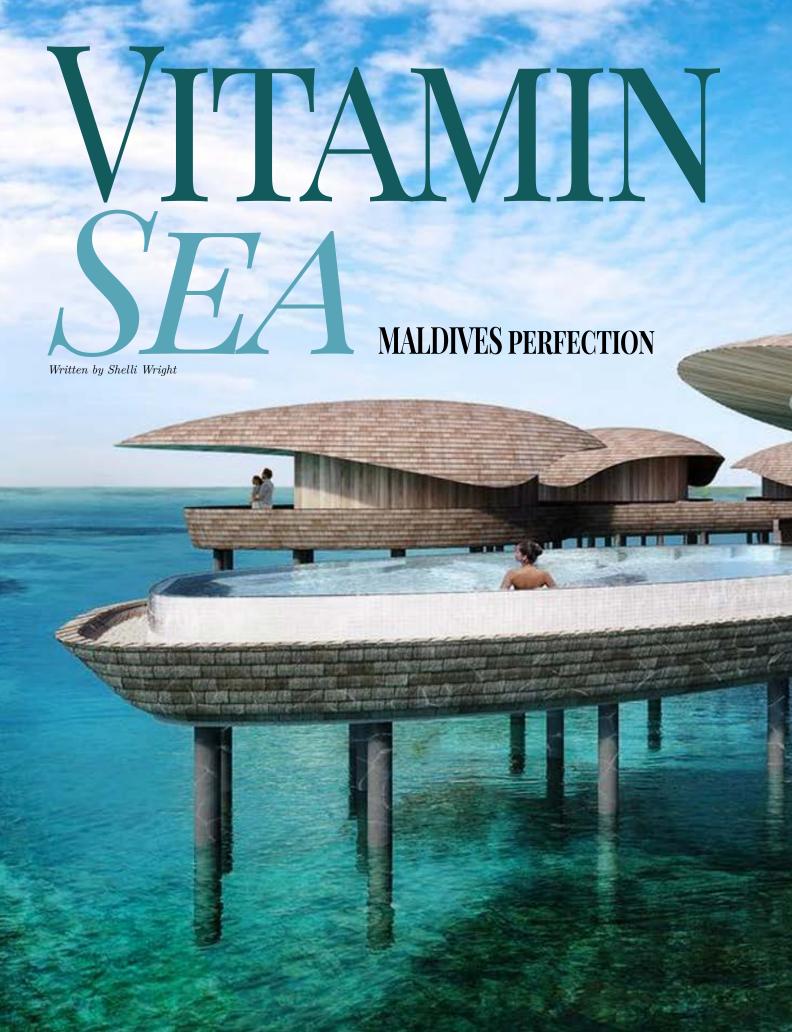












BISOUS JETSET

# ST REGIS MALDIVES VUMMULI RESORT

Are all those Starwood points burning a hole in your pocket? Well, if you want to splurge this would be the place to do it. For roughly about 95,000 points or \$1,500.00 a night you can secure yourself a spot at the St. Regis Vommuli Resort in the Maldives, with its blue skies, sparkling waters and breathtaking beaches. Let's just say, it's a safe bet to call this one your dream vacation. This tropical island resort offers an architectural environment in a perfect secluded location. Float around its scrumptious purple reefs, relax with a massage at the over-water spa, dine in its sunken wine cellar, and pop some bottles the bar that looks like a giant whale. Trust me, this will be a vacation you will not soon forget.







Each villa is assigned a personal butler who will attend to your every whim, from buggy runs to the beach to drawing bedtime baths, and arranging a full itinerary of sunset cruises, wine-tasting and anti-gravity yoga – you'll barely know how to think for yourself by the end of your stay. Most exciting though, is the watersports centre, whose marine biologists are currently cataloging the biodiversity of this barely explored area. The 77 villas are split into three categories: entry-level garden villas, peak roofed beach villas along the white shore; and vast overwater villas, the best of which face west towards the sunset and the expansive Indian Ocean. All are huge and every one comes with its own private swimming pool. Interiors are sophisticated and soothing. Easy-to-use tablets allows guests to control the curtains, lighting and air-conditioning, as well as Bluetooth music and stream from Netflix, among other things.



## **GET BOOKING**

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photography Justin Llewellyn

# Town

styling Aleksandra Mankiewicz + beauty Anna Stachnik + model Ita Litwiniec
shot on location KrakÛw, Poland





















### SHELLI WRIGHT - EDITOR IN CHIEF CREATIVE DIRECTOR



Shelli Wright is a Fashion Photographer residing in Los Angeles, California. After obtaining a BS in Journalism, Shelli continued her studies in Paris at Parsons School of Design. It was that stint in Paris that inspired Shelli to follow her passion for Fashion and she began shooting models for agencies in Paris, London, NY and of course back on the west coast in her home town of Portland Oregon. Now working over 15 years in Southern Cal, Shelli decided to enlist director/editor and partner in crime Christopher Robin Bredesen to start what is now Bisous Magazine. A platform for other creatives like themselves to forge relationships and friendships worldwide and put out what they think to be a pretty bitchin' mag.

http://www.shelliwrightphotoworks.com



# CHRISTOPHER ROBIN BREDESEN - EXECUTIVE EDITOR CO-FOUNDER

Chris began his career in documentary film over 15 years ago following dirtbag skateboarders around the world. Thus began his passion, thereafter continuing his studies and receiving a B.A. in Journalism from the University of Oregon. He is an award-winning editor and has worked in the commercial, feature, TV, and documentary genres. For the past 9 years, Chris' focus has been on fashion and beauty in both print and film.

www.bredesenproductions.com



### ANDREA CANSLER - BEAUTY EDITOR

Andrea brings over 12 years experience in medical dermatology, beauty, and the entertainment industry. She is a writer, comedian, and lover of all things aesthetic: a twisted "Dear Abby" of the beauty world. She loves: the movie "The Jerk," red lipstick, and animals. Hates: driving backwards & when people don't say "thank you." Indifferent about: tap water.



### SEBASTIANO MARINO - WEBMASTER

Euro transplant... like bikes.











# KRISTINA CARDWELL + JAY BEE MAKEUP AND CAMERA - ALL-AROUND GENIUSES

Probably two of our most favorite people in the world. Perfect team to travel with. Jay Bee, an aspiring camera talent, and Kristina, the bomb makeup boss.



### LILA JOY GINSBURG - ART DIRECTOR

"Joy of all trades" conquering the world one horseback/adobe/acting/marketing/ arts project at a time. Or all at once, whatever the job calls for.



### NATALIE DE GROOT - FASHION EDITOR

Is a fashion designer born and raised in Los Angeles. After designing for successful lines Natalie now freelances as a design consultant and is currently working towards releasing her own clothing line.



### PAULINE MA - EDITOR AT LARGE

Writer, editor, and digital communications professional specialized in beauty, fashion, and lifestyle. Despite working in digital, she is also an overwhelmingly passionate paper goods enthusiast. Find her being a flâneuse, finding new #nomz, and listening for good stories in New York City. www.paulinema.com twitter/instagram: @paulinelma

